

Big Bear is the place to enjoy the mountains and get your body tuned

Energy Balancing



Carol Treadwell is a licensed Clinical Social Worker and a Certified Eden Energy Medicine (EEM) practitioner in Big Bear Lake, California.

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Energy Balancing

Working with Eden Energy Medicine Techniques

Energy medicine from the Native American tradition includes anything that enhances our connection with our Creator, the Source of oneness, God, the Universe, Earth and all life. When we work with our natural healing energies, they balance our body, mind and our spirit connection as well.

What is Eden Energy Medicine?

Eden Energy Medicine is a natural, organic, non-invasive method of preventing, restoring, maintaining physical and mental health. Applying energy balancing techniques will help restoration of health after surgery or traumatic injury.

Energy medicine involves processes of working directly with the body's energy systems to help create health and wellness based on a combination of Chinese Medicine and other indigenous cultures use



How Energy Balancing can help you

You will know how to apply healing and maintenance techniques for yourself.

You will be able to create and maintain an energetic environment with your body that supports health, vitality, and healing.

You will know how to strengthen your immune system, relieve pain and common physical complaints.

Energy Balancing

The energy balancing techniques assess specific body energies and how they relate to your current health. From the assessment, an individualized plan is developed to help address any physical or emotional issues that may be contributing to less than optimal health.

The intervention plan will serve to facilitate your body energy flow in an overall balanced and harmonious manner.

Once your energy systems become balanced, a simple ten minute daily maintenance routine will help you to maintain your physical, emotional, mental and spiritual health and wellness.

Disclaimer

There is no California State License for the practice of energy balancing work; however, the Eden Energy Medicine Institute does certify EEM Practitioners with a two year certification program. (www.innersource.com)

Eden Energy Medicine has been introduced to doctors, medical groups and hospitals and accepted as a model for preventive and restorative treatment in health management. It is being used today with cancer patients, auto-immune disease, allergies, pregnancy, menopause, sleep, depression, anxiety, pain management, and among military service members with phantom limb, post traumatic stress, and other combat related injuries.

Carol Treadwell, is a Licensed Clinical Social Worker, and a Certified Eden Energy Medicine Practitioner having completed an additional two years with the Clinical Practicum and Advanced Training Classes.

Carol offers individual, couple and group sessions addressing Stress Management, Pain Management, Specific Chronic Health Issues, Emotional Imbalances plus Regression and Grid Balancing Sessions.